Lab-wide Learning Outcomes for Action Potentials Explored

Knowledge-Based Outcomes

Upon completion of *Action Potentials Explored*, students should be able to:

- 1. Describe how blocking action potentials with anesthetics can prevent the perception of pain.
- 2. Explain basic electric properties of the neuron: Describe membrane potential, and that most neurons are around -65 mV at rest, state the relative amounts of Na⁺ and K⁺ inside and outside a neuron at rest, and how ions can only cross the cell membrane by moving through specific ion channels.
- 3. Explain how action potentials are an all-or-nothing event, and why a weak stimulus might not trigger an action potential.
- 4. Distinguish between threshold stimulus and threshold potential.

Skills-Based Outcomes

Upon completion of *Action Potentials Explored*, students should be able to:

1. Predict the effect on an action potential, given a perturbation to the Na⁺ or K⁺ channels. If the perturbation is to a sensory neuron, predict how perception might be affected.

Action Potentials Explored, Part 1: Neurons Communicate

Knowledge-Based Outcomes

Upon completion of *Part 1: Neurons Communicate*, students should be able to:

- 1. Describe action potentials as electric pulses that rapidly convey information within neurons, while neurotransmitters are chemical signals for communication between neurons.
- 2. Describe how information can be relayed in the rate and timing of action potentials.

Skills-Based Outcomes

Upon completion of *Part 1: Neurons Communicate*, students should be able to:

1. Diagram a neuron, labeling the soma, axon, axon terminal, and dendrites, and annotate their functions.

Action Potentials Explored, Part 2: Ion Movement

Knowledge-Based Outcomes

Upon completion of *Part 2: Ion Movement*, students should be able to:

- 1. Explain how the opening of Na^+ and K^+ channels result in membrane potential changes, which produce the action potential.
- 2. Explain how a change in membrane potential triggers the opening of voltage-gated Na⁺ and K⁺ ion channels, and describe differences between these two channels (i.e., inactivation, which opens first, etc.).
- 3. Explain how the propagation of action potentials differs in myelinated and unmyelinated neurons.
- 4. Describe how electrical forces and diffusion affect ion movement.
- 5. Define hyperpolarization and depolarization, and describe what causes hyperpolarization and depolarization during an action potential.

6. Define transduction, describe how transduction channels are different from voltage-gated Na⁺ and K⁺ channels that generate the action potential, and explain why transduction alone is insufficient to relay information through the whole neuron.

Skills-Based Outcomes

Upon completion of *Part 2: Ion Movement*, students should be able to:

- 1. Predict the net direction of ionic movement when Na⁺ or K⁺ channels are open, given relative ionic concentrations inside and outside of the cell.
- 2. Identify which part of the action potential is disrupted, given a neuron's response to various toxins, drugs, or diseases.
- 3. Diagram the flow of ions, into or out of a neuron, that would result in hyperpolarization or depolarization.
- 4. Draw an action potential on a plot with time on the x-axis and $V_{\rm m}$ on the y-axis, and annotate the opening, inactivation, and closing of voltage-gated Na⁺ and K⁺ ion channels.